

# ADULTS IN MOTION (AIM)

*A publication of the Adult, Cultural & Judaic Department of the JCC*

MARCH 2017 / ADAR NISSAN 5777

## SHALOM FROM THE DIRECTOR

There is so much going on, not only at the JCC but also in our community, that sometimes I get overwhelmed. I imagine that this is true for many of us. Once I am on overload, I tune out and overlook the events that might be of interest to me. Often, major events overshadow the smaller activities. I would, therefore, like to take this opportunity to summarize a few upcoming events that may have gotten lost in the pile of flyers we put aside to look at later but more often than not, never do.

On Tuesday, March 7, we will be having our annual **Purim Party**. This year, Brett will serenade us. Before the party at 11:30, you are all invited to meet with me and learn about how you can participate in the JCC Senior Social Club that plans all of our celebrations.

Come to our next **S-Uber training** on Tuesday, March 14, at 7:00pm. Learn how you can have access to affordable, individualized transportation through Uber, right on your smart phone.

If technology continues to confuse you, come to the JCC on Wednesday, March 15 at 3:00pm for **L'Dor V'Tech/Teens** from the SJR BBYO will work with you on the basics, how to use social media, and much more.

The amazing **Cherry Hill Volvo Cars Film Festival** will entertain us from March 19-26. Our Senior Special on March 22 will feature two shorts, a documentary and a blintz lunch, all for \$8.

Mark your calendars now for the "**Katzkills**" on Sunday, June 11, from 4-6pm. Our active Adult Committee came up with this great idea to have a party, reminiscent of the Catskills, with music, dancing, food and comedy from that era. We have partnered with the JCF Life & Legacy initiative to make this a reality.

For more information, contact Marcy Lahav, Director at [mlahav@jfedsnj.org](mailto:mlahav@jfedsnj.org) or (856) 424-4444 x1247

If you have any questions about these or other programs, please don't hesitate to ask any of the staff. There is always something to do at the J.

**Marcy**

## THE JEWISH YOUTH FILM FESTIVAL AND CONTEST

Barbara Flacker, a JCC member who has long enjoyed working on the Katz JCC Cherry Hill Volvo and Cars Jewish Film Festival Committee, has been looking to help shape a related cultural event for children. When the concept of a Jewish Youth Film Festival was in its early idea stage, she stepped up to the plate and offered to Chair this inaugural event.

Barbara says, "We want to offer a fun and creative experience using technology that, in these days, is virtually in every child's hands." She further states that "with the help of innovations like the cell phone, children can reflect on their Jewish experience and become pretty sophisticated storytellers within minutes." Suzanne Post, a JCC employee whose son Antony is a young filmmaker, knows firsthand how much fun and creative this art form can be. "Our mission is to take our diverse and shared culture and inspire and educate youth through filmmaking. For now, it's one big experiment, but we are hoping to get many submissions from children in our surrounding community".

Kids throughout the South Jersey region ages 7 to 16, are invited to tell their story with a two to ten-minute short film: narrative, animation or music video. Films can be made on any iPad, iPhone, android or other mobile device and should be creative, expressive and original. Video/film productions must have a Jewish theme, or explore traditions or values relaying a Jewish experience or the Jewish experiences of others you may know, such as family, or others you may not know, whether locally or in another part of the world.

Finalist will have their film screened on April 2<sup>nd</sup>, as part of the daylong ABC Jr. celebration at the Katz JCC, a hands on interactive day highlighting cultural activities for kids. Tell your children and grandchildren to consider

For more information about youth film contest, please contact Suzanne Post at [spost@jfedsnj.org](mailto:spost@jfedsnj.org) or (856) 424-4444 x1226



*Mishenichnas Adar Marbin B'simcha!* When the month of Adar arrives, we should increase our joy!

There are many reasons to increase our joy in this month of March/Adar. First, we will be celebrating Purim in just a few weeks! Check out all of the exciting Purim happenings here at the Katz JCC, including the annual Community Purim Carnival on Sunday, March 12<sup>th</sup>. While Purim is a wonderful holiday for people of all ages, we are particularly excited to kick off our 2017 Cherry Hill Volvo Cars Jewish Film Festival (CHVCJFF)!

The CHVCJFF officially begins on Sunday, March 19<sup>th</sup> at 2:30 pm with a screening of the Israeli film *Mr. Predictable*. The evening continues at 7:30 pm with the short film *A Children's Song* preceding the international film festival favorite, *Moos*. In addition to the films being screened in the evenings at the Carmike Ritz Center 16, we will be screening films here during the day in the Lahn Social Hall. Please consider joining us for any of these wonderful films!

We have a special offer for our beloved Adult Department members- \$8 for transportation, lunch, and the films *Breakfast at Ina's*, *The Last Blintz*, and *Bacon and God's Wrath* with special guest Ina Pinkney. Please RSVP with Suzanne or Michele to take advantage of this great offer! Pick up a brochure in the Adult Department office to see the full line-up of films.

See you at the movies!

**Jill**

## MEMBER TEXTING SYSTEM

If you have the ability to text on your phone and want to receive important information from the JCC, we now have a text message system you can use.

On your phone: **text Katzmember to 24587**

If you require further assistance, ask anyone in the

For information about Transportation programs, please contact Karen Grossman at [kgrossman@jfedsnj.org](mailto:kgrossman@jfedsnj.org) or (856) 424-4444 x1273

# The Sanders Memorial LIBRARY at the Katz JCC

Department to help you.

This month our Sanders Book Club will be reviewing *Saving Sophie* by Ronald Balson on March 28 at 1:00 pm. We will be meeting in the library and welcome new participants. Mr. Balson is also the writer of *Once We Were Brothers* and *Karolina's Twins*. If you are unable to attend the Book Club, I highly recommend borrowing his other books. They are all excellent novels.

This month, there are some wonderful new additions to our collections. Come in and peruse.

New Audio Selections include:

*The Betrayers* by David Bezmozgis  
*In The Unlikely Event* by Judy Blume  
*A Changed Man* by Francine Prose  
*All Fall Down* by Jennifer Weiner  
*The Girl from Venice* by Martin Cruz Smith

New Print Selections include:

*Secrets of the Notebook* by Eve Haas  
*Outskirts of Hope* by Jo Ivester  
*Moonglow* by Michael Chabon  
*Martyr's Crossing* by Amy Wilentz  
*The German Girl* by Armando Lucas Correa

Feel free to stop by with recommendations for the library.

Happy Reading,  
**Debbie**

## THANK

The Adult just received donation. Blanche



## YOU!

Department a "sizeable" Thanks to Wolff, a life

For information about the Sanders Memorial Library, please contact Debbie Drachman at [ddrachman@jfedsnj.org](mailto:ddrachman@jfedsnj.org) or (856) 424-4444 x1259

# NEWS FROM THE GOODTIMERS

Respectfully submitted by Ruth Goodman

The next meeting of the Goodtimers will be held on Tuesday, March 28, at 2pm. Ellen Gartzman and Suzie Abrams from Jewish Family and Children's Service will present, "The Federation Cares About Your Health."

The next Discussion Group will be held at the home of May Brill. Date to be announced.

If anyone is aware of a Goodtimer who is ill, in the hospital, or in any way incapacitated, please contact our Sunshine Lady, Shirley Wander, at 856-424-1497. She will send an appropriate card.

Our new Membership Chairperson, Shirley Werner, will help us maintain and grow our membership. New members are welcomed. If you know someone who you think might be interested, have him or her come to a meeting. They should be over 65, single and a current member of the JCC. Membership to the Goodtimers is FREE.

## FOR YOUR INFORMATION

Every Monday - Mindfulness Meditation. Adult Lounge - 1pm. FREE to JCC members.

Every Monday, Wednesday and Friday - Arm Chair Aerobics. 11-11:45am. Front of Social Hall.

Monday, March 6 - "The Anti-Defamation League." Speaker - Jeff Green. 10am in the Adult Lounge.

Every Tuesday - News and Views with the Danowitz Brothers - 1 - 2pm in the Adult Lounge.

Tuesday, March 7 - Adult Purim Party. 11:30am- 1pm in the Social Hall. Cost: JCC Members \$5/Guests \$8. Reservations with payment, contact Robin x1260.

March 19 - 26 - Jewish Film Festival. Mon through Friday, all 1pm films are screened at the JCC. All evening films at the Carmike/Ritz Center Voorhees. Tickets can be purchased at the JCC.

*Ragtime The Musical*, at Cherry Hill High School East. Saturday, March 11 and Saturday, March 18 at 7:30 pm. Sunday, March 12 and Sunday March 19 - 2pm . Box office 856-424-2222 X2019.



March 29 - Plays and

April 6 - Haddonfield Players - *Number The*

*Stars* about the rescue of Danish Jews during World War II. Box office 856-429-8139.

## SMART HEALTH FROM ELLEN, JFCS NURSE

In a few weeks, on March 12<sup>th</sup>, we will "spring" our clocks forward for daylight savings time. It's at this time of year that we see reminders to change the batteries in our smoke alarms, and people begin to talk about spring-cleaning. For seniors here are few items to add to this yearly ritual.

### Take stock of the medicine cabinet.

Check all items for expiration dates. Are the medications stored in their own containers? Are they stored in a cool, dry place? Discard any unused medications. Many local pharmacies will discard them for you.

### Replace the batteries in all the smoke alarms and carbon monoxide detectors in your home.

Run a test to ensure they're working.

### Check to make sure the home has a fire extinguisher that has been inspected within the past year.

Review the instructions on using the device. It's wise to keep a fire extinguisher in an obvious location that's easily accessible.

### Clean up clutter.

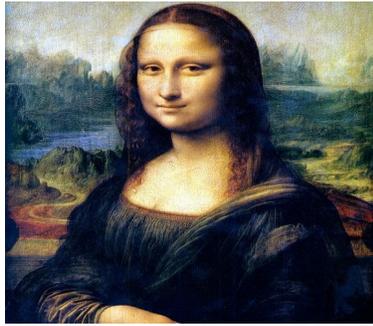
Clutter increases the risk for falls, fire and other problems such as insects or rodents. Remove unnecessary furniture that obstructs the traffic flow, organize cabinets so that the most frequently used items are easily accessible, and throw away any old items from the pantry or



For more information about our activities, please contact Suzanne Post at [spost@jfedsnj.org](mailto:spost@jfedsnj.org) or x1226

For more information about our Meal Program, contact Gail Siegel at [gsiegel@jfedsnj.org](mailto:gsiegel@jfedsnj.org) or x1280

## COUPLES CLUB



February was a quiet activity month for the Couples Club. With members heading for less severe winter weather conditions, we do not meet in February. However, planning for activities in March through June is in full swing.

March starts with attending a documentary film about the theft of the Mona Lisa painting in the early 1900s, by a janitor. This is followed by a concert, *Stairway to Heaven*, sponsored by Cherry Hill Township Arts Board. March concludes with supporting the Cherry Hill Volvo Cars Jewish Film Festival showing of *A Grain of Truth*, hosted by KYW film critic, Bill Wine. April and May feature two plays and a concert.

Being one of those escaping the New Jersey winter weather in Florida, I have noticed that the programming and activities for seniors in the Boca, Palm Beach and adjoining areas are similar to what the JCC and Cherry Hill Township offers. The local universities offer Life Long Learning programs. The towns offer concerts. The restaurants offer early bird specials. Seeing this makes me think we have a good thing going up north. The only difference they have to offer down here is the weather. However, they can't replace my JCC family.

**Steve Kravitz**



## SOUTH JERSEY MENS CLUB

Our next meeting will be held at Temple Emanuel on Saturday, March 19th. The subject of the meeting is: Israel Fire Fund. We are doing a combined breakfast with Temple Emanuel's Men's Club. This will replace our regular meeting scheduled for the 26th.

In addition to members, guests are invited to attend one SJMC meeting which includes breakfast (lox, bagels, hard boiled eggs, whitefish salad, etc.) for \$7. If you have any questions, contact me at (856) 889-2448 or poppyrob5girls@yahoo.com.

For information about Life Long Learning and Trips, contact Sharon Siegel [ssiegel@jfedsnj.org](mailto:ssiegel@jfedsnj.org) or (856) 424-4444 x1297

SALTZMAN FOUNDATION  
**LIFE LONG  
LEARNING  
INSTITUTE**  
AT THE KATZ JCC



Thank you,  
**Rob Sax**

## BROADWAY TRIP! NEW MUSICAL GROUNDHOG DAY

If you like seeing the hottest musical comedy shows on Broadway, you won't want to miss our Sunday, May 7<sup>th</sup> trip to *Groundhog Day: The Musical* at the August Wilson Theatre. Andy Karl stars as TV weatherman Phil Connors, in this musical comedy based on the popular film of the same name.

The bus will leave at 10:30am from The Commons: 1721 Springdale Road. Return approximately 7:15pm.

Includes round trip coach transportation, orchestra seat, snacks on return trip, and driver's gratuity. Lunch on your own.

JCC Members: \$170, Guest: \$190.

**Sharon**



## BIRTHDAYS!

For information about our Judaic programming, contact Jill Cogan at [jcogan@jfedsnj.org](mailto:jcogan@jfedsnj.org) or (856) 424-4444 x 1281