

ADULTS IN MOTION (AIM)

A publication of the Adult, Cultural & Judaic Department of the JCC

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MARCY'S MUSINGS

I recently read an article about the launching of a Landmark Study of Jewish Grandparents. The premise for this study could be applied to all races and religions. If organizations realized that one of the great passions in the lives of Boomers was their role as grandparents, and addressed them seriously, we would have a better understanding of this influential demographic and the impact they have on sustaining the traditions and values of their respective faiths.

The Jewish Grandparents Network conducted a year of focus groups and interviews as well as developed a survey for grandparents ages 55-80 who self-identify as Jewish. Final results are expected to be available in early March of this year.

Grandparents can be caretakers, financial underwriters, legacy transmitters and sometimes all three. The following are some of the responses they initially received:

- We pay for our grandchildren's Jewish education.
- My son is married to a woman who is not Jewish. She inherits her Jewish culture from us.
- I've learned to make peace with the fact that most of my grandchildren are not Jewish. I will be there for them.
- It's the everyday things that matter—playing a game, cooking/baking together, etc.
- We are a special people. I want them to be proud and understand their family roots and story.

Jewish boomer grandparents (currently the largest demographic in our Jewish community) are at the cutting edge of responding to the changes in Jewish family life.

The information received from this study will provide vital information that will help communities and organizations better understand how we can best reach, engage and serve grandparents and their families.

If you are interested in finding out more about this study and survey, please contact the following: info@jewishgrandparentsnetwork.org.

Marcy

WHAT 'S THE FORUM?

You are never too old to learn. That's what the sages and our very popular Life Long Learning classes have demonstrated to us. We combined two of our favorite things in this department, learning and Judaism, and created the Forum: An engaging and interactive night of Jewish Learning. The program will be held this year on Saturday, March 2, 7:30pm at the Katz JCC.

Local clergy and educators will present an array of classes. If you like hands-on activities, try a Kosher Yoga class, learn some new recipes using tahini and Halva, or take part in a wine sampling of wines named after rabbis. Traditional text classes will explore spirituality, midrash and prayers. There will be no shortage of discussions such as learning about the upcoming Israeli elections, the life of a Chabad emissary, and comic book heroes.

We've also peppered the teaching roster with some of your favorite teachers. Marcy Lahav will be adding a twist to her popular positive aging classes, and Gilah Lewis Seitz together with Harriet Baker, will be sharing new ideas to jazz up the Passover Seder. We welcome back Sahar Oz who will show us how popular biblical references have made their way into popular music with love.

No matter your learning interest or age, there is always something to learn. Come see what you can gain. To register for classes, please see Suzanne or Michele or log on to www.katzjcc.org/forum. \$18 in advance / \$25 at the door.

Sabrina



For more information, contact Marcy Lahav, Director at mlahav@jfedsnj.org or x1247

For more information about Cultural Programs, contact Sabrina Spector at sspector@jfedsnj.org or x1108

THANK YOU TO THE MEMBERS AND PARTICIPANTS OF THE JCC ADULT DEPARTMENT

Thank you all for participating in the wonderful programs of the JCC and for supporting the Center by belonging and attending here. Over the past 25 years, you have given me a career which has paid me every day with your smiles, kind words and just the enjoyment of spending my day with you.

I appreciate all of your donations and wishes for my retirement. Please know that as a thief, I have taken a piece of each of you to keep in my heart.

Thank you all. With much gratitude,

Karen Grossman



Karen with husband, sons and daughter-in-law at her retirement party.

TUESDAYS AT THE J: SINGING, TRADITIONS & YOGA/PILATES

The response to the new Yoga/Pilates Fusion class was so overwhelming, that beginning this month, the class will be held every Tuesday from 11-11:45am. So effective immediately, the Tuesday schedule will be as follows:

- 1st Tuesday: Traditions and Yoga/Pilates
- 2nd Tuesday: Traditions w/Batya and Yoga/Pilates
- 3rd Tuesday: Sing w/Cantor Sher and Yoga/Pilates
- 4th Tuesday: Traditions w/Gilah and Yoga/Pilates
- 5th Tuesday: Traditions w/Gilah and Yoga/Pilates

We apologize for any confusion as we are always trying to improve and grow. Always check our monthly Activity Calendar for changes.

For information about Life Long Learning and Trips, contact Sharon Siegel ssiegel@jfedsnj.org or x1297

SOUTH JERSEY MEN'S CLUB

Our next meeting is scheduled for Sunday, February 24 featuring guest speaker, Gary Kaschak.

His Topic: MY NAME IS MICKEY MANTLE.

Come enjoy our lox and bagel spread, schmooze with the guys, and enjoy the speaker, all for \$7.

Please direct questions to Rob Sax at 856-889-1448.

EDGAR ALLAN POE VISITS THE JCC ON MONDAY FEB. 18

On Monday, February 18, we will have a special visitor from the past. Helen McKenna will be here during our regular Monday morning discussion group for a dramatic performance about Edgar Allan Poe. Poe was an American writer, editor, and literary critic, best known for his poetry and short stories, particularly his tales of mystery and the macabre.

As an actress and playwright, Helen McKenna has performed as Edgar Poe since 1999. First "Poe-essed" in high school when, for an acting class, she memorized "The Raven," she fell in love with Poe's poetry. Eventually, McKenna came to love almost everything that Poe has written, so her repertoire expands.

Her first appearance as Edgar was at the Ritz Theater of Oaklyn, NJ. Bruce Curless, founder of the Ritz Theater, offered her the opportunity to play Helen Whitman for act one and, after intermission, to return as Poe for act two.

As an actress, she'd always longed to perform as Poe, but felt intimidated by the idea of performing as a man. Bruce's offer was a dream come true - a dream that she had hardly dared to dream! Since then McKenna has performed as Poe on stage, radio, television and for six Big Reads. She cherishes opportunities to portray the great writer.

She would love for all of you to attend her performance on Monday, February 18, at 10am in the Adult Lounge.



Photo credit: Gene Bradford

For more information about Film Festival, Creative Arts Class, contact Michele Susson at msusson@jfedsnj.org or 1119.

HAPPY BIRTHDAY



Ada Wallach, Bernard Shapiro, Bernice Moss, Beverly Shapiro, Edith Gutin, Eileen Gaglia, Elaine Chaitoff, Ethel Menkiti, Harriet Lemberg, Herbert Magnus, Jamie Narin, Janet Moss, Larry Natelson, Lenore Bortner, Martin Conrad, Selma Denenberg, Sheila Cosminsky, Stephen Shaffer, Susan Tucker, Sylvia Kaster, Theo Cover, William Patterson, Yvonne Brand

If we've missed your special day, please let us know and we'll add you to the list

IN THE FAMILY

We are always saddened when we lose someone who is near and dear to us. This is especially true for three remarkable people we lost this month.

- **Elaine Basewitz**, always sweet with a smile and hello.
- **Mimi Faktorow**, always volunteering, always telling it like it is and doing what is right.
- **Joe Singer**, our centenarian plus 1, a founding member of our community, charming, always with a story to tell.

We all feel fortunate to have had these people in our lives and their memory will continue to inspire us. The following, written by Hannah Senesh in 1940, comforts me in times like this. I hope you find some solace in these words as well.

There are stars whose radiance is visible on earth long after they themselves are gone.

There are people whose glorious memory continues to light the world

though they are no longer among the living.



May their memory be a blessing to friends and family.

For more information about the Meal Program, please contact Robin Lazarow at rlazarow@jfedsnj.org or

The Sanders Memorial LIBRARY at the Katz JCC

Access to the Library Catalog

Web access to our catalog is now available at: sandersmemoriallibrary.follettdestiny.com

Use this site from any device - desktop, laptop, tablet, smartphone to see the treasures of the Sanders Memorial Library. Choose your title(s) and send an email to iafek@jfedsnj.org to put a hold on your selected item(s). Please include your name and the name of the book(s) or dvd(s) that you have chosen. Wait for a reply from the librarian, and then stop in the library and check out your item(s).

Search our collection 24/7. No login required.

Next Chapter Book Club

Join us for the next Chapter Book Club! We have a very lively and thoughtful discussion of each month's selection. The discussion is led by facilitator Fran Pliskin and librarian Irene Afek.

- Thursday, March 7, at 1:30 pm, *The Curious Incident of the Dog in the Night-Time* by Mark Haddon in conjunction with Jewish Disability Awareness Month
- Tuesday, April 16, at 1:30 pm, *The Tattooist of Auschwitz* by Heather Morris in conjunction with the Raab/Goodwin Holocaust Museum & Education Center

These books are all available in the library and on the Kindle.



For more information about the Sanders Memorial Library, contact Irene Afek at iafek@jfedsnj.org or x1259

PROTECT YOURSELF

Here are the top 10 financial scams targeting adults:

1. Health Care/Medicare Health Insurance Fraud
 2. Counterfeit Prescription Drugs On-Line
 3. Funeral & Cemetery Scams
 4. Fraudulent Anti-Aging Products
 5. Telemarketing
 6. Internet Fraud
 7. Investment Schemes
 8. Homeowner/Reverse Mortgage Scams
 9. Sweepstakes & Lottery Scams
 10. Grandparent Scams
- Never give a stranger personal information (birth date, SSN, address, bank account information, etc.).
 - Call the police if you are skeptical.
 - Do not allow strangers in your home unless you solicited their services.
 - Ask contractors for a written estimate, location of office, insurance information and local referrals.
 - Never do business without a contract.
 - Get all guarantees, warranties/promises in writing.
 - Never make a full up-front payment prior to completion of work.
 - Do not do business over the phone, ask for information by mail.
 - When making a donation do not give cash or a credit card - only write a check payable to the charity.

RETIRED EXECUTIVES AND PROFESSIONALS (REAP)

Would you like to give a presentation on your favorite subject to a group of your contemporaries? We are thinking about starting a new group at the JCC where you could do just that.

Modeled after a national group, Retired Executives and Professionals (REAP), we would meet monthly for an hour or two and one member would give a presentation on any subject he or she thinks would be interesting, useful or amusing to the group: maybe how to balance your portfolio for a bear market, or your most exciting fishing trip or ideas for a really unique vacation or how good scotch is made. At the next meeting, it would be another member's turn.

Please let me know if you are interested in such a group or if you have any questions. Contact Marcy Lahav at 856-424-4444 x 1247 or Don Kaplan at 609-980-2796.

For more information about Transportation programs, please contact Robin Lazarow at rlazarow@jfedsnj.org or 856-424-4444 x 1260

COUPLES CLUB

January got off to a quick start with the Couples Club attending the JCC's Post New Years' Brunch and the Luncheon with the Arts (in partnership with Cherry Hill Township.) We also hosted an interesting speaker at our January meeting who presented historically correct stories about Abe Lincoln before he became president. Everyone in attendance was quite taken with these tales about Lincoln.

While many of our members are enjoying a winter vacation in warmer climates this month, we have still started to plan for 2019. We shared with our members that the Philadelphia Jewish Museum has a free admission policy in February. Our next monthly meeting will be March 12. During March, we will attend the show, *Mishuggah Nuns*, at the Pitman Theater and enjoy lunch before the performance. We also plan to attend the Cherry Hill Rotary concert on March 17, with lunch prior to the performance. Toward the end of March, we are looking forward to the JCC Cherry Hill Volvo Film Festival. We have several other programs in the works, including a trip to the Constitution Center and the world's largest Hindu Temple located in nearby Robbinsville, NJ.

I had the opportunity to talk to potential new JCC members at the JCC open house on January 6. I was impressed at the interest level these folks showed for JCC Active Adult programs including Life Long Learning, fitness, daily activities, and, of course, the Couples Club.

We try to keep our members active. Try us out! The Couples Club usually meets the second Tuesday of the month, 7:30 pm, in the JCC Social Hall. We take a break in February by skipping our meeting. As members of the JCC you and your significant other can join the Couples Club as part of your JCC membership. If you are interested in attending a meeting, stop by the Adult Department for more information.

**Steve Kravitz,
Couples Club President,
with Elsa at the JCC's
WinterFest Open House**



For more information about our programs, contact Suzanne Post at spost@jfedsnj.org or x1226