

Katz JCC Indoor Pool Schedule

Effective 4/7/19 - 5/24/19

Open Swim

Aqua Aerobics

Lap Swim

LKSA

Pool Rental

*Lane may be used for aqua aerobics class if class exceeds 20 participants

MONDAY

	5:30AM	9:00AM	12:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM	9:00PM	10:00PM
Lane 1	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 3	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	SW	Open Swim	Open Swim
Lane 4	Open Swim	*	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	SW	Open Swim	Open Swim
Lane 5	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	SO	SW	Open Swim
Lane 6	Open Swim	Open Swim	Open Swim	LKSA	LKSA	LKSA	LKSA	Open Swim	SO	SW	Open Swim

SO = Special Olympics NJ | SW= Spring Warm-Ups

TUESDAY

	5:30AM	9:00AM	12:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM	9:00PM	10:00PM
Lane 1	Open Swim	Open Swim	Open Swim	Open Swim	Aqua Buddies	Aqua Buddies	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	Open Swim	Open Swim	Open Swim	Aqua Buddies	Aqua Buddies	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 3	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 4	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 5	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 6	Open Swim	Open Swim	Open Swim	LKSA	LKSA	LKSA	LKSA	Open Swim	Open Swim	Open Swim	Open Swim

WEDNESDAY

	5:30AM	9:00AM	12:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM	9:00PM	10:00PM
Lane 1	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 3	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 4	Open Swim	*	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 5	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 6	Open Swim	Open Swim	Open Swim	LKSA	LKSA	LKSA	LKSA	Open Swim	Open Swim	Open Swim	Open Swim

THURSDAY

	5:30AM	9:00AM	12:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM	9:00PM	10:00PM
Lane 1	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	Open Swim	Open Swim	Open Swim	Aqua Buddies	Aqua Buddies	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 3	Open Swim	Open Swim	Open Swim	Open Swim	Aqua Buddies	Aqua Buddies	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 4	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 5	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	SW	Open Swim	Open Swim
Lane 6	Open Swim	Open Swim	Open Swim	LKSA	LKSA	LKSA	LKSA	Open Swim	SW	Open Swim	Open Swim

For any questions, please contact Aquatics at 856-424-4444 x1144. Schedule is subject to change.

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Lap Swim

LKSA

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FRIDAY

	5:30AM	9:00AM	12:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM
Lane 1	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 3	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lane 4	Lap Swim	* Aqua Aerobics	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lane 5	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lane 6	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

SATURDAY

	7:00AM	9:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM
Lane 1	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 3	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lane 4	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lane 5	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lane 6	Lap Swim	Lap Swim	LKSA	LKSA	LKSA	LKSA	LKSA	LKSA	LKSA

SUNDAY

	7:00AM	9:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM
Lane 1	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	^ Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 3	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lane 4	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lane 5	Lap Swim	LKSA	LKSA	LKSA	LKSA	LKSA	LKSA	LKSA	LKSA
Lane 6	Lap Swim	LKSA	LKSA	LKSA	LKSA	LKSA	LKSA	LKSA	LKSA

^Additional lap lane may be added if necessary

Training Pool Hours

Monday-Thursday

5:30am - 3pm & 7-9:45pm: OPEN Swim
3-7pm: 1/2 LKSA, 1/2 OPEN

Friday

5:30am-6:45pm: OPEN Swim

Saturday

7:00am-1pm: OPEN Swim
1:00-5:45pm: 1/2 LKSA, 1/2 OPEN

Sunday

7-9am & 2-5pm: OPEN Swim
9am-2pm: 1/2 LKSA, 1/2 OPEN

Learn to Swim with the Lenny
Krayzelburg Swim Academy at the
Katz JCC



Call for your FREE swim evaluation today!
856-424-4444 x1722

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Visit: www.katzjcc.org/lifeguard

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Lifeguard Instructor Review