



Outdoor Group Wellness Frequently Asked Questions:

- 1. Do I have to sign a waiver to take part?** Yes, you will be asked to fill out our waiver prior to taking part in classes. This waiver will ask you to confirm that you assume the risk of exposure to all communicable diseases and viruses by taking part.
- 2. Will you be doing temperature checks?** Yes, we will be checking each participant's temperature. Anyone with a body temperature of 100.4F or greater will not be allowed to take part in class that day and going forward until they are fever free for at least 48 hours.
- 3. What are your sanitizing protocols?** We will be following all local, State and Federal guidelines with regards to sanitizing spaces and/or equipment. You will be asked to clean your equipment prior to and after taking part in classes. We will have hand sanitizer, EPA approved wipes and sprays and individual use paper towels available.
- 4. Do I have to wear a face covering to take part in class?** You will not be asked to wear a face covering while participating in your class, however you will be asked to wear one as you arrive and set up your space, and again once the class is complete when walking back to your vehicles.
- 5. How will you be enforcing physical distancing?** We ask you to obey the physical distancing guidelines of 6 feet from others when arriving, taking part in, and leaving your classes. If you are speaking with a participant or instructor before or after class, we ask that you maintain physical distancing policies which include face coverings, keeping at least 6 feet of distance between you and others and no handshakes, hugs, etc.
- 6. Will you supply drinking water?** No, you must bring your own bottles of water for all classes.
- 7. Will you provide restroom access?** We cannot open the building for access to restrooms at this time, however we will have a Porta Potty available for use.
- 8. Can I just arrive to a class without signing up?** No, we ask that you register on the MINDBODY app prior to your class as space is limited. Classes can be found under Outdoor Group Wellness Classes.
- 9. Can I give back my place in a class if I'm no longer able to make it?** Yes, you may cancel 24 hours before the class, and we ask you to kindly do so, so that others on the waitlist can participate.
- 10. My membership is "On HOLD", can I still participate in a class?** If your JCC membership is currently on HOLD, you will be charged \$10 per class. If you do not wish to receive this charge, then please email membershipservices@jfedsnj.org to take your

account off HOLD status and you will be able to partake in these classes at no additional charge.

11. Can "Guests" participate? Yes, guests will be able to take part at a \$10 per class charge. If your membership is currently on HOLD due to COVID-19, you are considered a guest and you will be prompted to pay the \$10 per class rate.

12. What if someone reveals that they have been exposed to or have COVID-19 after taking part in an Outdoor Group Wellness Class? The safety of our participants and staff is of utmost importance to us, and we will follow all guidelines and procedures to offer you a safe environment. We will contact all participants and staff at once if we are made aware of illness or exposure to illness with regards to COVID-19. We will then report that information to our management and local health dept. and follow all guidelines for sanitizing and cleaning as directed. **Please note that your participation in these classes is voluntary, and the signed waiver states that you assume the risk of exposure to all communicable diseases and viruses by taking part.*

13. I am not active in MINDBODY, what do I do? All active JCC members have an active MINDBODY account. If you forgot your username and password or need help accessing your account please email agelovich@jfedsnj.org for assistance. If you are a guest to the JCC and have never used the MINDBODY app with us, you will be prompted to create a username and password and you will be listed as a guest so that you can buy your classes.

14. I am a GUEST participant: We are glad to have your participating with us; you must follow all the same guidelines and protocols that we ask of our members. We reserve to the right to allow access to our members first.

15. What should I bring? All classes need a mat, water bottle and towel. When registering, you will be informed of what other equipment may be needed. We will not be supplying any equipment at this time. We will provide an opportunity to purchase certain items for personal use at registration in the coming weeks.

16. Will there be a waitlist? Yes, if a class fills up, you have the option to be placed on the waitlist, and if someone cancels, you will then be notified to take part in the order it was received.

17. What if it rains? We will have a tent over our tennis courts for shade and inclement weather. However, if there is severe weather i.e. extreme temperatures thunderstorms or torrential rains, classes will not be held. Classes unable to be held outdoors will be held live via Zoom or through our previously recorded classes available on our JCC Members Facebook group. If you paid for a class we did not hold, we can credit your account for later use or issue a refund.

18. Can I bring my children or others to observe classes? For safety, only registered participants can attend classes.