

Katz JCC Indoor Pool Schedule

7/05- 8/22/22

Open Swim

Aqua Aerobics

Lap Swim

J SPLASH

CAMP

MSWIM

MONDAY INDOOR POOL HOURS 5AM-9:45PM

LANE	5:00AM	9:00AM	10:00AM	11:30AM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	7:30PM	8:30PM	9:00PM	10:00PM
Lane 1	Open Swim	Aqua Aerobics	Aqua Aerobics	Open Swim	Open Swim	J SPLASH	J SPLASH	J SPLASH	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	Aqua Aerobics	Aqua Aerobics	Open Swim	Open Swim	J SPLASH	J SPLASH	J SPLASH	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 3	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 4	Open Swim	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	CAMP	Open Swim	Open Swim
Lane 5	Open Swim	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	CAMP	Open Swim	Open Swim
Lane 6	Open Swim	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	CAMP	Open Swim	Open Swim

TUESDAY INDOOR POOL OPEN 5AM-9:45PM

LANE	5:00AM	10:00AM	11:30AM	3:00PM	4:00PM	5:00PM	5:30P	7:00PM	7:30PM	8:00PM	9:00PM	10:00PM
Lane 1	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	J SPLASH	J SPLASH	Aqua Aerobics	Aqua Aerobics	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	J SPLASH	J SPLASH	Aqua Aerobics	Aqua Aerobics	Open Swim	Open Swim	Open Swim
Lane 3	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 4	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 5	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 6	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	J SPLASH	J SPLASH	Open Swim	Open Swim	Open Swim	Open Swim

WEDNESDAY INDOOR POOL OPEN 5AM-9:45PM

LANE	5:00AM	9:00AM	10:00AM	11:30AM	1:00PM	3:00PM	4:00PM	5:00PM	6:00PM	6:00PM	7:00PM	7:00PM	8:00PM	9:00PM	10:00PM
Lane 1	Open Swim	Aqua Aerobics	Aqua Aerobics	Open Swim	CAMP	Open Swim	J SPLASH	J SPLASH	J SPLASH	J SPLASH	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	Aqua Aerobics	Aqua Aerobics	Open Swim	CAMP	Open Swim	J SPLASH	J SPLASH	J SPLASH	J SPLASH	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 3	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 4	Open Swim	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 5	Open Swim	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 6	Open Swim	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim

THURSDAY INDOOR POOL OPEN 5AM-9:45PM

LANE	5:00am	6:30AM	7:30AM	9:00AM	10:00AM	11:30AM	4:00PM	5:00PM	6:00PM	7:00PM	8:00PM	9:00PM	10:00PM
Lane 1	Open Swim	CAMP	Open Swim	Aqua Aerobics	Open Swim	J SPLASH	J SPLASH	J SPLASH	J SPLASH	Open Swim	Open Swim	Open Swim	Open Swim
Lane 2	Open Swim	CAMP	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 3	Open Swim	CAMP	Open Swim	Aqua Aerobics	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 4	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 5	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
Lane 6	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim

Open Swim

Aqua Aerobics

Lap Swim

J SPLASH

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*Lanes may be used for aqua aerobics/lifeguard classes as needed

FRIDAY INDOOR POOL OPEN 5AM-7:45PM

LANE	5:00AM	6:00AM	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	7:00PM	7:45PM
Lane 1	Blue	Pink	Yellow	Yellow	J SPLASH	Green	Green	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Black
Lane 2	Blue	Pink	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Black
Lane 3	Blue	Pink	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black
Lane 4	Blue	Pink	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black
Lane 5	Blue	Pink	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black
Lane 6	Blue	Pink	Blue	Blue	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Blue	Blue	Blue	Blue	Blue	Black

SATURDAY INDOOR POOL OPEN 7AM-6:45PM

LANE	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	6:45PM
Lane 1	Blue	J SPLASH	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Black
Lane 2	Blue	J SPLASH	Green	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Black
Lane 3	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black
Lane 4	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black
Lane 5	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black
Lane 6	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black

SUNDAY INDOOR POOL OPEN 7AM-6:45PM

LANE	7:00AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM	6:45PM
Lane 1	Blue	Blue	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Black
Lane 2	Blue	Blue	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Black
Lane 3	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black
Lane 4	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black
Lane 5	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black
Lane 6	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Black

^Additional lap lane may be added if necessary

Training Pool Hours

Monday-Thursday
OPEN SWIM
 5:30am - 3pm & 7PM-9:45pm
POOL CLOSED
 3PM-6pm

Friday
OPEN SWIM
 5:30am-3pm & 6PM -7:45PM
POOL CLOSED
 3:30PM-6pm

Saturday
OPEN SWIM
 7:00am-9am & 1PM-6:45PM
POOL CLOSED
 9AM-1:00PM

Learn to Swim with J Splash Swim School at the Katz JCC



Register Now for Swim Lessons!
katzjcc.org/swim-lessons

Call for your FREE swim evaluation today!
 856-424-4444 x1144

American Red Cross Certification Academy



For course dates/times and registration visit
www.katzjcc.org/lifeguard

Classes Offered
 Lifeguarding
 Lifeguard Review
 Waterfront Lifeguard
 First Aid/CPR/AED