

# Indoor Lap Pool Schedule



Free to Members **May 30- June 25, 2023**

*\*pool schedule subject to change as needed*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Pool Hours 5AM-9:45PM</b>	<b>Pool Hours 5AM-9:45PM</b>	<b>Pool Hours 5AM-9:45PM</b>	<b>Pool Hours 5AM-9:45PM</b>	<b>Pool Hours 5AM-7:45PM</b>	<b>Pool Hours 7AM-6:45PM</b>	<b>Pool Hours 7AM-6:45PM</b>
<b>5AM-8AM</b>	<b>5AM-8AM</b>	<b>5AM-8AM</b>	<b>5AM-6:30AM</b>	<b>5AM-9AM</b>	<b>7AM-9AM</b>	<b>7AM-9AM</b>
Jogging Lane (1) Lap Swim (5)	Jogging Lane (1) Lap Swim (5)	Jogging Lane (1) Lap Swim (5)	Jogging Lane (1) Lap Swim (5)	Jogging Lane (1) Lap Swim (5)	Jogging Lane (1) Lap Swim (5)	Jogging Lane (1) Lap Swim (5)
<b>8AM-9:45AM</b>	<b>8AM-9:50AM</b>	<b>8AM-8:50AM</b>	<b>6:30AM-7:30AM</b>	<b>9AM-9:45AM</b>	<b>9AM-9:50AM</b>	<b>9AM-9:50AM</b>
Lap Swim (3) <b>Aqua Fitness (3)</b>	Lap Swim (3) <b>Aqua Fitness (3)</b>	Lap Swim (3) <b>Aqua Fitness (3)</b>	Jogging Lane (1) Lap Swim (5)	Lap Swim (3) <b>Aqua Fitness (3)</b>	<b>J Splash (1)</b> Lap Swim (2) <b>Aqua Fitness (3)</b>	<b>J Splash (1)</b> Lap Swim (2) <b>Aqua Fitness (3)</b>
<b>10AM-11AM</b>	<b>10AM-10:50AM</b>	<b>9AM-9:50AM</b>	<b>7:30AM-8AM</b>		<b>10AM-12PM</b>	<b>10AM-12PM</b>
<b>Aqua Fitness (All Lanes)</b>	Lap Swim (3) <b>Aqua Fitness (3)</b>	Lap Swim (3) <b>Aqua Fitness (3)</b>	Jogging Lane (1) Lap Swim (5)		Jogging Lane (1) <b>J Splash (2)</b> Lap Swim (3)	Jogging Lane (1) <b>J Splash (2)</b> Lap Swim (3)
<b>11:15AM-12PM</b>		<b>10AM-11AM</b>	<b>8AM-10:50AM</b>		<b>10AM-11AM</b>	
Therapy and <b>Aqua Fitness (2)</b> Lap Swim (4)		<b>Aqua Fitness (All Lanes)</b>	Lap Swim (3) <b>Aqua Fitness (3)</b>	<b>Aqua Fitness (All Lanes)</b>		
	<b>11AM-4PM</b>	<b>11AM-4PM</b>	<b>11AM-4PM</b>	<b>11AM-4PM</b>		
	Therapy / Open Swim (2) Lap Swim (4)	Therapy / Open Swim (2) Lap Swim (4)	Therapy / Open Swim (2) Lap Swim (4)	Therapy / Open Swim (2) Lap Swim (4)		
<b>12:15PM-4PM</b>	<b>4PM-6:30PM</b>	<b>4PM-6:30PM</b>				
Therapy and Open Swim (2) Lap Swim (4)	<b>J Splash (2)</b> Jogging Lane (1) Lap Swim (3)	<b>J Splash (2)</b> Jogging Lane (1) Lap Swim (3)				
<b>4PM-7:15PM</b>				<b>4PM-7PM</b>		
<b>J Splash (2)</b> Jogging Lane (1) Lap Swim (3)				<b>J Splash (2)</b> Jogging Lane (1) Lap Swim (3)		
<b>7:15PM-8:30PM</b>	<b>6:30PM-7:30PM</b>	<b>6:30PM-7:30PM</b>				
Jogging Lane (1) Lap Swim (2) <b>Master Swim (3)</b>	<b>J Splash (2)</b> Lap Swim (2) <b>Aqua Fitness (2)</b>	<b>J Splash (2)</b> Lap Swim (2) <b>Aqua Fitness (2)</b>				
<b>8:30PM-9:45PM</b>	<b>7:30PM-9:45PM</b>	<b>7:30PM-9:45PM</b>	<b>4PM-9:45PM</b>	<b>7PM-7:45PM</b>	<b>12PM-6:45PM</b>	<b>12PM-6:45PM</b>
Open Swim( 2) Lap Swim (4)	Open Swim( 2) Lap Swim (4)	Open Swim(2) Lap Swim (4)	Open Swim(2) Lap Swim (4)	Open Swim( 2) Lap Swim (4)	Open Swim( 2) Lap Swim (4)	Open Swim( 2) Lap Swim (4)

(#) = the number in parentheses notes the number of lanes available

\* Indicates that there is a fee to participate.

**KATZ Jewish Community Center**  
**1301 Springdale Rd**  
**Cherry Hill, NJ 08003**  
[www.katzjcc.org](http://www.katzjcc.org)

During times when no activity is listed on the schedule, the pool is closed.

Members must be off the pool deck, but may remain in the locker rooms.