

Lunch Menu



12 oz Daily Hot Soups

Butternut Squash	\$7.99
Garbanzo Bean	\$7.99
Cucumber Dill	\$7.99
Add corn bread	\$1.00
Add Challah Roll	\$1.00
Add GF Challah Roll	\$1.25

NonGreen Salads

(sold in 8-oz deli containers)

Health Salad	\$5.50
Garbanzo Bean	\$5.50
Cucumber Dill	\$5.50
Carrot Raisin	\$5.50
Egg Salad	\$6.99
Tuna Salad	\$6.99
Celery with schug	\$5.50
Macaroni & Cheese	\$6.99

Sandwiches/Wraps

(served with cole slaw and pickle)

Egg Salad on Rye or Wrap	\$8.99
Tuna Salad on bagel or whole wheat bread	\$8.99
Hummus Wrap with roasted vegetables	\$7.99
Sunbutter & Jelly Sandwich	\$7.99
Chickpea Patty Wrap with tzatziki, pickled vegetables	

Green Salad Bases

Garden Salad Shredded carrots, cucumber, cherry tomato shredded cheddar, sliced hard-boiled egg	\$9.50
Taco Salad Smokey black beans, corn, cherry tomatoes, tortilla chips	\$9.50

Grab and Go Snack Packs

Hummus, celery sticks, baby carrots, grapes	\$8.99
Hard-boiled egg, diced cheese, grapes, cucumber	\$8.99
Tuna with cucumber, celery sticks and grapes	\$8.99

A la Carte

Sliced Hard Boiled Egg	\$4.00
Falafel	\$4.00
Potato Knish	\$3.50
Pickle Chips	\$0.50

Fresh Fruits

Grapes	\$1.50
Sliced Oranges	\$1.50
Cut Pineapple	\$1.50

Snacks

Grilled Cheese Bites	\$5.99
Mozzarella Sticks with sauce	\$5.99
Tater Tots	\$4.50
Cookies (2)	\$1.50
GF/DF Cookies (2)	\$2.00
Brownie	\$2.25
GF/DF Brownie	\$2.50