

# Indoor Lap Pool Schedule



Free to Members **Sep 30 - Dec 1, 2024**

*\*pool schedule subject to change as needed*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Pool Hours 5AM-9:45PM</i>	<i>Pool Hours 5AM-9:45PM</i>	<i>Pool Hours 5AM-9:45PM</i>	<i>Pool Hours 5AM-9:45PM</i>	<i>Pool Hours 5AM-7:45PM</i>	<i>Pool Hours 7AM-6:45PM</i>	<i>Pool Hours 7AM-6:45PM</i>
5AM-8AM	5AM-8AM	5AM-8AM	5AM-8AM	5AM-9AM	7AM-9AM	7AM-9AM
<i>Jogging Lane (1) Lap Swim (5)</i>	<i>Jogging Lane (1) Lap Swim (5)</i>	<i>Jogging Lane (1) Lap Swim (5)</i>	<i>Jogging Lane (1) Lap Swim (5)</i>	<i>Jogging Lane (1) Lap Swim (5)</i>	<i>Jogging Lane (1) Lap Swim (5)</i>	<i>Jogging Lane (1) Lap Swim (5)</i>
8AM-9:55AM	8AM-10:50AM	8AM-9:55AM	8AM-10:50AM	9AM-9:55AM	9AM-9:50AM	9AM-9:50AM
<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>h (1) Lap Swim (2) Aqua Fitness (3)</i>
9:55AM-11AM	11AM-4PM	9:55AM-11AM	11AM-4:30PM	9:55AM-11AM	10AM-12PM	10AM-12PM
<i>Aqua Fitness (All Lanes)</i>	<i>Therapy &amp; Open Swim (2) Lap Swim (4)</i>	<i>Aqua Fitness (All Lanes)</i>	<i>Therapy &amp; Open Swim (2) Lap Swim (4)</i>	<i>Aqua Fitness (All Lanes)</i>	<i>Jogging Lane (1) Lap Swim (5)</i>	<i>J Splash (2) Open Swim (1) Lap Swim (3)</i>
11AM-4PM	4PM-7PM	11AM-4PM	4:30PM-5:15PM	11AM-4PM	12PM-6:45PM	12PM-3PM
<i>Therapy &amp; Open Swim (2) Lap Swim (4)</i>	<i>J Splash (1) Lap Swim (1) SwimTeam (4)</i>	<i>Therapy &amp; Open Swim (2) Lap Swim (4)</i>	<i>Swim Team (4) Lap Swim (2)</i>	<i>Therapy &amp; Open Swim (2) Lap Swim (4)</i>	<i>Open Swim(2) Lap Swim (4)</i>	<i>Open Swim(2) Lap Swim (4)</i>
4PM-5:15PM	7PM-8PM	4PM-5PM	5:15PM-6:15PM	4PM-7PM		3PM-6:45PM
<i>J Splash (1) Lap Swim (1) SwimTeam (4)</i>	<i>Lap Swim (4) AHAD SwimTeam (2)</i>	<i>J Splash (1) Open Swim (1) Lap Swim (3)</i>	<i>Swim Team (5) Lap Swim (1)</i>	<i>J Splash (1) Open Swim (1) Lap Swim (3)</i>		<i>Open Swim(2) Swim Team (5)</i>
5:15PM-6:15PM	8PM-9:45PM	5PM-6PM	6:15PM-7:15PM	7PM-7:45PM		
<i>J Splash (1) SwimTeam (5)</i>	<i>Jogging Lane (1) Lap Swim (4)</i>	<i>J Splash (1) SwimTeam (5)</i>	<i>Swim Team (4) Lap Swim (2)</i>	<i>Open Swim(2) Lap Swim (4)</i>		
6:15PM-7:30PM	8PM-9:45PM	6PM-7PM	7:15PM-8:15PM			
<i>J Splash (1) Lap Swim (1) SwimTeam (4)</i>	<i>Jogging Lane (1) Open Swim (1) Lap Swim (4)</i>	<i>J Splash (1) Lap Swim (1) SwimTeam (4)</i>	<i>Lap Swim (4) AHAD SwimTeam (2)</i>			
7:30PM-8:30PM		7PM-9:45PM	8:15PM-9:45PM			
<i>Lap Swim (1) Master SwimTeam (3)</i>		<i>Jogging Lane (1) Open Swim (1) Lap Swim (4)</i>	<i>Jogging Lane (1) Open Swim (1) Lap Swim (4)</i>			
8:30PM-9:45PM						
<i>Jogging Lane (1) Open Swim (1) Lap Swim (4)</i>						

(#) = the number in parentheses notes the number of lanes available

\*\*Lane availability subject to change at F&W discretion.

**KATZ Jewish Community Center**  
 1301 Springdale Rd  
 Cherry Hill, NJ 08003  
[www.katzjcc.org](http://www.katzjcc.org)

During times when no activity is listed on the schedule, the pool is closed.

Members must be off the pool deck, but may remain in the locker rooms.