

Indoor Lap Pool Schedule



Free to Members **Dec 23 - Jan 5, 2025**

**pool schedule subject to change as needed*

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|--|--|--|--|--|
| <i>Pool Hours 5AM-9:45PM</i> | <i>Pool Hours 5AM-9:45PM</i> | <i>Pool Hours 5AM-9:45PM</i> | <i>Pool Hours 5AM-9:45PM</i> | <i>Pool Hours 5AM-7:45PM</i> | <i>Pool Hours 7AM-6:45PM</i> | <i>Pool Hours 7AM-6:45PM</i> |
| 5AM-8AM | 5AM-8AM | 5AM-8AM | 5AM-8AM | 5AM-9AM | 7AM-9AM | 7AM-9AM |
| <i>Jogging Lane (1) Lap Swim (5)</i> | <i>Jogging Lane (1) Lap Swim (5)</i> | <i>Jogging Lane (1) Lap Swim (5)</i> | <i>Jogging Lane (1) Lap Swim (5)</i> | <i>Jogging Lane (1) Lap Swim (5)</i> | <i>Jogging Lane (1) Lap Swim (5)</i> | <i>Jogging Lane (1) Lap Swim (5)</i> |
| 8AM-9:55AM | 8AM-10:50AM | 8AM-9:55AM | 8AM-10:50AM | 9AM-9:55AM | 9AM-9:50AM | 9AM-9:50AM |
| <i>Lap Swim (3) Aqua Fitness (3)</i> | <i>Lap Swim (3) Aqua Fitness (3)</i> | <i>Lap Swim (3) Aqua Fitness (3)</i> | <i>Lap Swim (3) Aqua Fitness (3)</i> | <i>Lap Swim (3) Aqua Fitness (3)</i> | <i>Lap Swim (3) Aqua Fitness (3)</i> | <i>Lap Swim (3) Aqua Fitness (3)</i> |
| 9:55AM-11AM | 11AM-4PM | 9:55AM-11AM | 11AM-4PM | 9:55AM-11AM | 10AM-12PM | 10AM-12PM |
| <i>Aqua Fitness (All Lanes)</i> | <i>Therapy & Open Swim (2) Lap Swim (4)</i> | <i>Aqua Fitness (All Lanes)</i> | <i>Therapy & Open Swim (2) Lap Swim (4)</i> | <i>Aqua Fitness (All Lanes)</i> | <i>Jogging Lane (1) Lap Swim (5)</i> | <i>Jogging Lane (1) Lap Swim (5)</i> |
| 11AM-4PM | 4PM-7PM | 11AM-4PM | 4PM-7PM | 11AM-4PM | 12PM-6:45PM | 12PM-6:45PM |
| <i>Therapy & Open Swim (2) Lap Swim (4)</i> | <i>Jogging Lane (1) Open Swim (1) Lap Swim (4)</i> | <i>Therapy & Open Swim (2) Lap Swim (4)</i> | <i>Jogging Lane (1) Open Swim (1) Lap Swim (4)</i> | <i>Therapy & Open Swim (2) Lap Swim (4)</i> | <i>Open Swim(2) Lap Swim (4)</i> | <i>Open Swim(2) Lap Swim (4)</i> |
| 4PM-7PM | 7PM-9:45PM | 4PM-7PM | 7PM-9:45PM | 4PM-7PM | | |
| <i>Jogging Lane (1) Open Swim (1) Lap Swim (4)</i> | <i>Jogging Lane (1) Lap Swim (5)</i> | <i>Jogging Lane (1) Open Swim (1) Lap Swim (4)</i> | <i>Jogging Lane (1) Lap Swim (5)</i> | <i>Jogging Lane (1) Open Swim (1) Lap Swim (4)</i> | | |
| 7PM-9:45PM | | 7PM-9:45PM | | 7PM-9:45PM | | |
| <i>Jogging Lane (1) Lap Swim (5)</i> | | <i>Jogging Lane (1) Lap Swim (5)</i> | | <i>Jogging Lane (1) Lap Swim (5)</i> | | |
| | Tuesday Dec 24 | Wednesday Dec 25 | | | | |
| | 5AM - 5:45PM | 8AM - 3:45PM | | | | |
| | | | | | | |
| | Tuesday Dec 31 | Monday Jan 1 | | | | |
| | 5AM - 5:45PM | 8AM - 3:45PM | | | | |

(#) = the number in parentheses notes the number of lanes available
 **Lane availability subject to change at F&W discretion.

KATZ Jewish Community Center
 1301 Springdale Rd
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During times when no activity is listed on the schedule, the pool is closed.
 Members must be off the pool deck, but may remain in the locker rooms.