

DECEMBER 2024 • JCC MEMBER ADULT DEPARTMENT 60+ ACTIVITIES

Cherry Hill					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CARDS & GAMES Mon. through Fri. 12:30pm-4:30pm Tables available to play JCC Membership Required	11:00am Chair Yoga w/ Sue 1:00pm Meditation & More with Mia	11:00am Open for Discussion w/ Merle	11:00am Chair Fitness with Chris	5	11:00am Chair Fitness w/ Chris 1:00pm Yiddish Conversation w/ Moshe
NEW Katz JCC CENTER FOR LEARNING & GROWTH FALL EVENING COURSES DECEMBER 2024 Questions about registration? hdimassimo@jfedsnj.org	11:00am Chair Yoga w/ Sue	11:00am Open for Discussion w/ Merle	11:00am Chair Fitness with Chris	12	11:00am Chair Fitness w/ Susan *1:00pm Avi Wisnia
Join us for 60+ Adult Lunch 12:00pm Mon. thru Fri. at the Katz JCC Camden County Registration Required	16 11:00am Chair Yoga w/ Sue 1:00pm Meditation & More with Mia	11:00am Open for Discussion w/ Merle	11:00am Chair Fitness with Chris 1:00pm Mental Aerobics with Mark Pinzur	19	11:00am Chair Fitness w/ Susan (Located FAC) 1:00pm Yiddish Conversation w/ Moshe
10am Table Tennis Mondays, Wednesdays & Fridays for JCC Members (<u>Registration required)</u>	11:00am Chair Yoga w/ Sue	11:00am Open for Discussion w/ Merle *7pm Casino Night	ADULT DEPT CLOSED Happy Chanukah NO CHAIR EXERCISE	26	11:00am Chair Fitness Friday Fusion w/ Nancy (Located FAC)
SANDERS LIBRARY Open to JCC Members Mon. thru Fri. 10am to 3pm Librarian: Anne McCracken (856) 424-4444 x1259 amccracken@jfedsnj.org	11:00am Chair Yoga with Sue	11:00am Open for Discussion w/ Merle	*Live Music & Casino Night at the J Tuesday, December 24 Open Bar Latke Bar Dessert For more info: ssellers@jfedsnj.org	Wellness Reimagined Sunday, January 26 9:30am-1:30pm A day of food, fitness & lifestyle experiences. Keynote Speaker: Joan Lunden For more info: hdimassimo@jfedsnj.org	*1:00pm Dec. 13th Singer & Pianist Avi Wisnia peforms a joyful concert! For more info: ssellers@jfedsnj.org