

Indoor Lap Pool Schedule



Free to Members **March 3-May 18, 2025**
**pool schedule subject to change as needed*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Pool Hours</i> 5AM-9:45PM	<i>Pool Hours</i> 5AM-9:45PM	<i>Pool Hours</i> 5AM-9:45PM	<i>Pool Hours</i> 5AM-9:45PM	<i>Pool Hours</i> 5AM-7:45PM	<i>Pool Hours</i> 7AM-6:45PM	<i>Pool Hours</i> 7AM-6:45PM
5AM-8AM	5AM-8AM	5AM-8AM	5AM-8AM	5AM-9AM	7AM-9AM	7AM-9AM
<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>
8AM-9:55AM	8AM-10:50AM	8AM-9:55AM	8AM-10:50AM	9AM-9:55AM	9AM-9:50AM	9AM-9:50AM
<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>h (1)</i> <i>Lap Swim (2)</i> <i>Aqua Fitness (3)</i>
9:55AM-11AM	11AM-4PM	9:55AM-11AM	11AM-4PM	9:55AM-11AM	10AM-12PM	9:50AM-12PM
<i>Aqua Fitness</i> <i>(All Lanes)</i>	<i>Therapy &</i> <i>Open Swim (2)</i> <i>Lap Swim (4)</i>	<i>Aqua Fitness</i> <i>(All Lanes)</i>	<i>Therapy &</i> <i>Open Swim (2)</i> <i>Lap Swim (4)</i>	<i>Aqua Fitness</i> <i>(All Lanes)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>J Splash (2)</i> <i>Open Swim (1)</i> <i>Lap Swim (3)</i>
11AM-4PM	4PM-5:30PM	11AM-4PM	4PM-5:15PM	11AM-4PM	12PM-6:45PM	12PM-3:15PM
<i>Therapy &</i> <i>Open Swim (2)</i> <i>Lap Swim (4)</i>	<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>Therapy &</i> <i>Open Swim (2)</i> <i>Lap Swim (4)</i>	<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>Therapy &</i> <i>Open Swim (2)</i> <i>Lap Swim (4)</i>	<i>Open Swim(2)</i> <i>Lap Swim (4)</i>	<i>Open Swim(2)</i> <i>Lap Swim (4)</i>
4PM-5:15PM	5:30PM-6:30PM	4:00PM-5:00PM	5:15PM-6:15PM	4PM-7PM		3:15PM-4:45PM
<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>J Splash (1)</i> <i>SwimTeam (5)</i>	<i>J Splash (1)</i> <i>Lap Swim (2)</i> <i>SwimTeam R(3)</i>	<i>J Splash (1)</i> <i>SwimTeam (5)</i>	<i>J Splash (2)</i> <i>Lap Swim (4)</i>		<i>Open Swim (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>
5:15PM-6:15PM	6:30PM-7:30PM	5:00PM-6:00PM	6:15PM-7:15PM	7PM-7:45PM		4:45PM-5:45PM
<i>J Splash (1)</i> <i>SwimTeam (5)</i>	<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>J Splash (1)</i> <i>SwimTeam (5)</i>	<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>		<i>Lap Swim (1)</i> <i>SwimTeam (5)</i>
6:15PM-7:15PM	7:30PM-9:45PM	6:00PM-7:00PM	7:15PM-9:45PM			5:45PM-6:45PM
<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>			<i>Open Swim (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>
7:30PM - 8:30PM		7:00PM-9:45PM				
<i>Lap Swim (4)</i> <i>Master SwimTeam (2)</i>		<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>				
8:30PM-9:45PM						
<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>						

(#) = the number in parentheses notes the number of lanes available
 **Lane availability subject to change at F&W discretion.

[KATZ Jewish Community Center](http://www.katzjcc.org)
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www.katzjcc.org

During times when no activity is listed on the schedule, the pool is closed.
 Members must be off the pool deck, but may remain in the locker rooms.