

Indoor Lap Pool Schedule



Free to Members **March 3-May 23, 2025**
**pool schedule subject to change as needed*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Pool Hours</i> 5AM-9:45PM	<i>Pool Hours</i> 5AM-9:45PM	<i>Pool Hours</i> 5AM-9:45PM	<i>Pool Hours</i> 5AM-9:45PM	<i>Pool Hours</i> 5AM-7:45PM	<i>Pool Hours</i> 7AM-6:45PM	<i>Pool Hours</i> 7AM-6:45PM
5AM-8AM	5AM-8AM	5AM-8AM	5AM-8AM	5AM-9AM	7AM-9AM	7AM-9AM
<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>
8AM-9:55AM	8AM-10:50AM	8AM-9:55AM	8AM-10:50AM	9AM-9:55AM	9AM-9:50AM	9AM-9:50AM
<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>Lap Swim (3)</i> <i>Aqua Fitness (3)</i>	<i>h (1)</i> <i>Lap Swim (2)</i> <i>Aqua Fitness (3)</i>
9:55AM-11AM	11AM-4PM	9:55AM-11AM	11AM-4PM	9:55AM-11AM	10AM-12PM	9:50AM-12PM
<i>Aqua Fitness</i> <i>(All Lanes)</i>	<i>Therapy &</i> <i>Open Swim (2)</i> <i>Lap Swim (4)</i>	<i>Aqua Fitness</i> <i>(All Lanes)</i>	<i>Therapy &</i> <i>Open Swim (2)</i> <i>Lap Swim (4)</i>	<i>Aqua Fitness</i> <i>(All Lanes)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>J Splash (2)</i> <i>Open Swim (1)</i> <i>Lap Swim (3)</i>
11AM-4PM	4PM-5:30PM	11AM-4PM	4PM-5:15PM	11AM-4PM	12PM-6:45PM	12PM-3:15PM
<i>Therapy &</i> <i>Aqua Fitness/Open</i> <i>Swim(2)</i> <i>Lap Swim (4)</i>	<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>Therapy &</i> <i>Open Swim (2)</i> <i>Lap Swim (4)</i>	<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>Therapy & Aqua</i> <i>Fitness/Open</i> <i>Swim(2)</i> <i>Lap Swim (4)</i>	<i>Open Swim(2)</i> <i>Lap Swim (4)</i>	<i>Open Swim(2)</i> <i>Lap Swim (4)</i>
4PM-5:15PM	5:30PM-6:30PM	4:00PM-5:00PM	5:15PM-6:15PM	4PM-7PM		3:15PM-4:45PM
<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>J Splash (1)</i> <i>SwimTeam (5)</i>	<i>J Splash (1)</i> <i>Lap Swim (2)</i> <i>SwimTeam R(3)</i>	<i>J Splash (1)</i> <i>SwimTeam (5)</i>	<i>J Splash (2)</i> <i>Lap Swim (4)</i>		<i>Open Swim (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>
5:15PM-6:15PM	6:30PM-7:30PM	5:00PM-6:00PM	6:15PM-7:15PM	7PM-7:45PM		4:45PM-5:45PM
<i>J Splash (1)</i> <i>SwimTeam (5)</i>	<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>J Splash (1)</i> <i>SwimTeam (5)</i>	<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>		<i>Lap Swim (1)</i> <i>SwimTeam (5)</i>
6:15PM-7:15PM	7:30PM-9:45PM	6:00PM-7:00PM	7:15PM-9:45PM			5:45PM-6:45PM
<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>	<i>J Splash (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>	<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>			<i>Open Swim (1)</i> <i>Lap Swim (1)</i> <i>SwimTeam (4)</i>
7:30PM - 8:30PM		7:00PM-9:45PM				
<i>Lap Swim (4)</i> <i>Master SwimTeam (2)</i>		<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>				
8:30PM-9:45PM						
<i>Jogging Lane (1)</i> <i>Lap Swim (5)</i>						

(#) = the number in parentheses notes the number of lanes available
 **Lane availability subject to change at F&W discretion.

[KATZ Jewish Community Center](http://www.katzjcc.org)
 1301 Springdale Rd
 Cherry Hill, NJ 08003
www.katzjcc.org

During times when no activity is listed on the schedule, the pool is closed.
 Members must be off the pool deck, but may remain in the locker rooms.