

Indoor Lap Pool Schedule



Free to Members **Sep 29 - December 21, 2025**

**pool schedule subject to change as needed*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Pool Hours 5AM-9:45PM</i>	<i>Pool Hours 5AM-9:45PM</i>	<i>Pool Hours 5AM-9:45PM</i>	<i>Pool Hours 5AM-9:45PM</i>	<i>Pool Hours 5AM-9:45PM</i>	<i>Pool Hours 7AM-6:45PM</i>	<i>Pool Hours 7AM-6:45PM</i>
5AM-8AM	5AM-8AM	5AM-8AM	5AM-8AM	5AM-9AM	7AM-9AM	7AM-9AM
<i>Open/Jogging Lane (1) Lap Swim (5)</i>	<i>Open/Jogging Lane (1) Lap Swim (5)</i>	<i>Open/Jogging Lane (1) Lap Swim (5)</i>	<i>Open/Jogging Lane (1) Lap Swim (5)</i>	<i>Open/Jogging Lane (1) Lap Swim (5)</i>	<i>Open/Jogging Lane (1) Lap Swim (5)</i>	<i>Open/Jogging Lane (1) Lap Swim (5)</i>
8AM-9:55AM	8AM-10:50AM	8AM-9:55AM	8AM-10:50AM	9AM-9:55AM	9AM-9:50AM	9AM-9:50AM
<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>Lap Swim (3) Aqua Fitness (3)</i>	<i>J Splash Swim (2) Lap Swim (1) Aqua Fitness (3)</i>
9:55AM-11AM	11AM-3PM	9:55AM-11AM	11AM-3PM	9:55AM-11AM	10AM-12PM	9:50AM-12PM
<i>Aqua Fitness (All Lanes)</i>	<i>Therapy & Open Swim (2) Lap Swim (4)</i>	<i>Aqua Fitness (All Lanes)</i>	<i>Therapy & Open Swim (2) Lap Swim (4)</i>	<i>Aqua Fitness (All Lanes)</i>	<i>Open/Jogging Lane (1) Lap Swim (5)</i>	<i>Lap Swim (4) J Splash Swim (2)</i>
11AM-4PM	3PM-4PM	11AM-3PM	3PM-4PM	11AM-3PM	12PM-6:45PM	12PM-3PM
<i>Therapy & Aqua Fitness/Open Swim(2) Lap Swim (4)</i>	<i>Therapy (2) Lap Lane (1) Swim Team (3)</i>	<i>Therapy & Open Swim (2) Lap Swim (4)</i>	<i>Therapy (2) Lap Lane (1) Swim Team (3)</i>	<i>Therapy & Aqua Fitness/Open Swim(2) Lap Swim (4)</i>	<i>Open Swim(2) Lap Swim (4)</i>	<i>Open Swim(2) Lap Swim (4)</i>
4PM-6:15PM	4PM-7:15PM	3PM-4PM	4PM-6:15PM	3PM-4PM		3PM-5:45PM
<i>Lap Lane (1) J Splash Swim (1) Swim Team (4)</i>	<i>Lap Lane (1) J Splash Swim (1) Swim Team (4)</i>	<i>Therapy (2) Lap Lane (1) Swim Team (3)</i>	<i>Lap Lane (1) J Splash Swim (1) Swim Team (4)</i>	<i>Therapy (2) Lap Lane (1) Swim Team (3)</i>		<i>Open Swim (1) Lap Lane (1) Swim Team (4)</i>
6:15PM-7:15PM	7:15PM-8:30PM	4PM-5PM	6:15PM-7:15PM	4PM-5PM		5:45PM-6:45PM
<i>Lap Pool Close J Splash Swim (1) Swim Team (5)</i>	<i>Open Swim (1) Lap Lane (3) Sandbar Swim Team (2)</i>	<i>Lap Pool Close J Splash Swim (1) Swim Team (5)</i>	<i>Lap Pool Close J Splash Swim (1) Swim Team (5)</i>	<i>Lap Lane (1) J Splash Swim (1) Swim Team (4)</i>		<i>Lap Lane (1) Swim Swim (5)</i>
7:15PM-8:30PM	8:30PM-9:45PM	5PM-6:15PM	7:15PM-8:30PM	5PM-7PM		
<i>Open Swim (1) Lap Lane (2) Master Swim Team (3)</i>	<i>Open/Jogging Lane (1) Lap Swim (5)</i>	<i>Lap Lane (1) J Splash Swim (1) Swim Team (4)</i>	<i>Open Swim (1) Lap Lane (3) Sandbar Swim Team (2)</i>	<i>Open swim (1) Lap Lane (3) J Splash Swim (2)</i>		
8:30PM-9:45PM		6:15PM-7:15PM	8:30PM-9:45PM	7PM-7:45PM		
<i>Open/Jogging Lane (1) Lap Swim (5)</i>		<i>Lap Pool Close J Splash Swim (1) Swim Team (5)</i>	<i>Open/Jogging Lane (1) Lap Swim (5)</i>	<i>Open/Jogging Lane (1) Lap Swim (5)</i>		
		7:15PM-9:45PM				
		<i>Open/Jogging Lane (1) Lap Swim (5)</i>				

(#) = the number
in parentheses
notes the number
of lanes available

**Lane availability subject to change
at F&W discretion.

KATZ Jewish Community Center

1301 Springdale Rd

Cherry Hill, NJ 08003

www.katzjcc.org

During times
when no activity
is listed on the
schedule, the pool
is closed.

Members must be
off the pool deck,
but may remain in
the locker rooms.