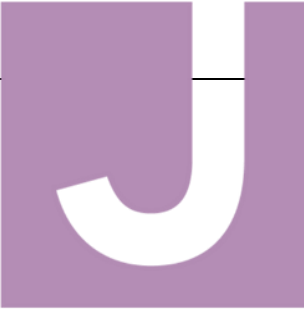


# MAY 2026 • 60+ ADULT DEPARTMENT ACTIVITIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b><u>60+ ADULT LUNCH</u></b></p> <p>Join us 12:00pm Mon./Wed./Fri. at the Katz JCC Registration Required for the Lunch Program Registration &amp; Information: hdimassimo@jfedsnj.org</p>		<p><b>NATIONAL JEWISH AMERICAN HERITAGE MONTH</b></p>		<p>1</p> <p>11:00am Chair Fitness w/ Nancy</p>
<p><b><u>REGISTRATION ASSISTANCE</u></b></p> <p><b>Need assistance with Registration?</b></p> <p>Contact: hdimassimo@jfedsnj.org (856) 424-4444 x1706</p>	<p>4</p> <p>11:00am Chair Yoga w/Sue</p> <p>1:00pm Meditation And More w/Mia</p>	<p>5</p> <p>11:00am Open for Discussion w/ Merle "Honor your father and Mother"</p>	<p>6</p> <p>11:00am Chair Fitness w/Chris</p>	<p>7</p>	<p>8</p> <p>11:00am Chair Fitness w/ Nancy</p> <p>1:00pm Yiddish w/ Moshe</p>
<p><b><u>CARDS &amp; GAMES</u></b></p> <p>Mon. through Fri. 12:00pm-4:00pm</p> <p>Tables available for play. <b>*JCC Membership</b></p>	<p>11</p> <p>11:00am Chair Yoga w/Sue <b>(Located in FAC)</b></p> <p>1:00pm Chair Yoga And More w/Nancy</p>	<p>12</p> <p>11:00am Open for Discussion w/ Merle "Ruth and Naomi"</p> <p>6:30pm JCC Members Social Club Meeting Couples &amp; Singles welcome Registration Required</p>	<p>13</p> <p>11:00am Chair Fitness w/Chris</p>	<p>14</p>	<p>15</p> <p>11:00am Chair Fitness w/ Nancy</p> <p>1:00pm Yiddish w/ Moshe</p>
<p><b><u>10AM TABLE TENNIS</u></b></p> <p>Mondays, Wednesdays &amp; Fridays for JCC Members 60+ <b>(Registration required)</b></p> <p>hdimassimo@jfedsnj.org</p>	<p>18</p> <p>11:00am Chair Yoga w/Sue</p> <p>1:00pm Meditation And More w/Mia</p>	<p>19</p> <p>11:00am Open for Discussion w/ Merle "Too hot or too cold environment"</p>	<p>20</p> <p>11:00am Chair Fitness w/ Chris</p>	<p>21</p> <p>ADULT DEPT CLOSED AT 1PM FOR SHAVUOT</p>	<p>22</p> <p>JCC CLOSED FOR SHAVUOT</p>
<p><b><u>SANDERS LIBRARY</u></b></p> <p>Open to JCC Members Mon. thru Fri. 10am to 3pm</p> <p>Librarian: Anne McCracken (856) 424-4444 x1259</p>	<p>25</p> <p>ADULT DEPT CLOSED FOR MEMORIAL DAY</p>	<p>26</p> <p>11:00am Open for Discussion w/ Merle "Oceans"</p>	<p>27</p> <p>11:00am Chair Fitness w/ Chris</p>	<p>28</p>	<p>29</p> <p>11:00am Chair Fitness w/ Anne</p>