

60+ ADULT DEPARTMENT ACTIVITIES CALENDAR

JUNE 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 11am Chair Yoga w/Sue 1pm Meditation And More w/ Sue	2 11am Open For Discussion w/ Merle Topic: AI	3 11am Chair Fitness w/Chris 1pm Mental Aerobics w/Mark Pinzur	4	5 11am Chair Fitness w/Anne Kopp
CARDS & GAMES MON. thru FRI. 12pm to 4pm	8 11am Chair Yoga w/Sue 1pm Chair Yoga And More w/Nancy	9 11am Open For Discussion w/ Merle	10 11am Chair Fitness w/Chris	11	12 11am Chair Fitness w/Nancy (Located in FAC) 1pm Yiddish w/Moshe
<u>TABLE TENNIS</u> 10am Table Tennis for JCC Members 60+ Mon./ Wed./ Fri. *For Location Check with Front Desk Upon Arrival	15 11am Chair Yoga w/Sue 1pm Meditation And More w/ Nancy	16 11am Open For Discussion w/ Merle	17 11am Chair Fitness w/Chris	18	19 ADULT DEPARTMENT CLOSED FOR JUNETEENTH
<u>Sanders Library</u> Open to JCC Members Mon. thru Fri. 10am to 3pm	22 11am Chair Yoga w/Sue 1pm Chair Yoga And More w/Nancy	23 11am Open For Discussion w/ Merle	24 11am Chair Fitness w/Chris 1pm Mental Aerobics w/Mark Pinzur	25	26 11am Chair Fitness w/Nancy (Located in FAC) 1pm Yiddish w/Moshe
<u>Registration Asst.</u> Contact: hdimassimo@jfedsnj.org	29 11am Chair Yoga w/Sue	30 11am Open For Discussion w/ Merle			