



OCTOBER 2026 • 60+ Adult Lunch Menu / Mon., Wed. & Fri.

12:00pm

MONDAY		WEDNESDAY		FRIDAY
	Daily Menu Items Are Subject to Change		LUNCH IS SERVED AT 12:00 NOON	2 Erev Shemini Atzeret NO LUNCH PROGRAM
5 Breaded Fish Stewed Tomatoes Macaroni & Cheese Ice Cream		7 Tuna Salad on a Baguette w/ Lettuce & Tomato Pickle Chips Potato Chips Cookie		9 Roasted Chicken Potato Knish Side salad Challah Pineapple
12 Warm Veggie & Cheese Wrap Black Bean & Corn Salad Chocolate Pudding		14 Chicken Salad on a bed of Spring Mix, Tomato, Cucumber, Red Onion and Marinated Artichokes Garlic Bread Cookie		16 Sheppards Pie w/ Peas Stewed Green Beans Mashed Potatoes Challah Oranges
19 Grilled Cheese Sandwich Tomato Soup Cole Slaw Sprinkle Cookie		21 Salmon Salad Sandwich on Rye Bread Potato Wedges Apple		23 Roasted Chicken Potato Pancakes Carrots Challah Brownie
26 Turkey on a Baguette Lettuce & Tomato Pickle Spear Potato Chips Fruit Cocktail		28 Egg Salad on a Bagel w/ Tomato Pickle Spear Macaroni Salad Pineapple	ALL MEALS ARE KOSHER AND PREPARED ONSITE	30 Roasted Chicken Mixed Vegetables Baked Sweet Potato Challah Oatmeal Cookie