

SEPTEMBER 2026 • 60+ ADULT DEPARTMENT ACTIVITIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	60+ ADULT LUNCH Join us at 12:00pm Mon./Wed./Fri. at the Katz JCC Registration Required for the Lunch Program <u>Registration &</u>	1 11:00am Open for Discussion w/ Merle Topic: New TV Season, new or renewed?	2 11:00am Chair Fitness w/Chris 1:00pm Mental Aerobics w/Mark Pinzur (Room 206)	3 1:00pm Yiddish w/ Moshe	4 11:00am Chair Fitness w/ Anouk (Located in FAC) 1:00pm Yiddish w/ Moshe
	REGISTRATION ASSISTANCE Need assistance with Registration? Contact: hdimassimo@jfedsnj.org (856) 424-4444 x1706	7 ADULT DEPARTMENT CLOSED LABOR DAY	8 11:00am Open for Discussion w/ Merle Topic: Tango Shalom, Part 1 (film & discussion)	9 11:00am Chair Fitness w/Chris Next Chapter Book Club Info: amccracken@jfedsnj.org	10 11:00am Chair Exercise w/ Nancy ADULT DEPARTMENT CLOSSES @ 1pm Erev Rosh Hashanah
CARDS & GAMES <u>Mon. through Fri.</u> <u>12:00pm-4:00pm</u> <u>Tables available for play.</u> <u>*JCC Membership Required</u>	14 11:00am Chair Yoga w/Sue 1:00pm Meditation And More w/ Mia	15 11:00am Open for Discussion w/ Merle Topic: Tango Shalom, Part 2 (film & discussion)	16 11:00am Chair Fitness w/Chris 1:00pm Mental Aerobics w/Mark Pinzur (Room 206)	17 11:00am Chair Fitness w/ Nancy 1:00pm Yiddish w/ Moshe	18 11:00am Chair Fitness w/ Nancy 1:00pm Yiddish w/ Moshe
10AM TABLE TENNIS <u>Mondays, Wednesdays & Fridays</u> <u>for JCC Members 60+</u> <u>(Registration required)</u> hdimassimo@jfedsni.org	21 BUILDING CLOSED YOM KIPPUR	22 11:00am Open for Discussion w/ Merle Topic: Welcoming Guests?	23 11:00am Chair Fitness w/Chris	24 11:00am Chair Exercise w/ Nancy ADULT DEPARTMENT CLOSSES @ 1pm EREV SUKKOT	25 11:00am Chair Exercise w/ Nancy ADULT DEPARTMENT CLOSSES @ 1pm EREV SUKKOT
SANDERS LIBRARY <u>Open to JCC Members</u> <u>Mon. thru Fri.</u> <u>10am to 3pm</u> <u>Librarian:</u> <u>Anne McCracken</u> <u>(856) 424-4444 x1259</u>	28 11:00am Chair Yoga w/Sue 1:00pm Meditation And More w/ Mia	29 11:00am Open for Discussion w/ Merle Topic: Guest TBD	30 11:00am Chair Fitness w/Anne Kopp		