



NOVEMBER 2026 • 60+ ADULT DEPARTMENT ACTIVITIES

Community Corner	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>60+ ADULT LUNCH</u> Join us at 12:00pm Mon./Wed./Fri. at the Katz JCC *Registration Required	11:00am ² Chair Yoga w/ Sue (Located in FAC) 1:00pm Meditation and More w/ Mia	3	11:00am ⁴ Chair Fitness w/ Chris (Located in FAC) 1:00pm Mental Aerobics w/ Mark Pinzur (Adult Lounge)	5	11:00am ⁶ Chair Fitness Fusion w/ Nancy (Located in FAC) 1:00pm Yiddish w/ Moshe
<u>Registration Assistance</u> hdimassimo@jfedsnj.org (856) 424-4444 x1706	11:00am ⁹ Chair Yoga w/ Sue (Located in FAC)	10	11:00am ¹¹ Chair Fitness w/ Chris (Located in FAC)	12	11:00am ¹³ Chair Fitness Fusion w/ Nancy (Located in FAC)
CARDS & GAMES Mon. through Fri. 12:00pm-4:00pm Tables available for play. *Membership Required	11:00am ¹⁶ Chair Yoga w/ Sue 1:00pm Meditation and More w/ Mia	17	11:00am ¹⁸ Chair Fitness w/ Chris 1:00pm Mental Aerobics w/ Mark Pinzur (Adult Lounge)	19	11:00am ²⁰ Chair Fitness Fusion w/ Nancy (Located in FAC) 1:00pm Yiddish w/ Moshe
<u>10AM TABLE TENNIS</u> Mon, Wed, Fri for JCC Members 60+ (Registration required)	11:00am ²³ Chair Yoga w/ Sue 1:00pm Chair Yoga and More w/ Nancy	24	11:00am ²⁵ Chair Fitness w/ Chris	26 ADULT DEPARTMENT CLOSED THANKSGIVING	27 ADULT DEPARTMENT CLOSED
<u>Sanders Library</u> Open to JCC Members Mon. thru Fri. 9am to 3pm Anne McCracken (856) 424-4444 x1259	11:00am ³⁰ Chair Yoga w/ Sue 1:00pm Chair Yoga and More w/ Nancy		<u>60+ THANKSGIVING LUNCH</u> 12PM ON FRIDAY, NOVEMBER 20TH *Pre-Registration and Completion of Camden County Intake Form Required by Wednesday, November 11th.		